

"A NECESSARY BOOK FOR ALL PEOPLE INVESTED IN
SOCIETAL CHANGE." —CLAUDIA RANKINE

WHITE FRAGILITY



WHY IT'S SO HARD

FOR WHITE PEOPLE TO
TALK ABOUT RACISM

ROBIN DIANGELO

FOREWORD BY MICHAEL ERIC DYSON

White Fragility Book Study

Session 1

February 4, 2021

CENTERING OURSELVES



Agenda

1. Introductions
2. Expectations and Timeline
3. Community Building
4. Brave Space Agreements
5. Introducing White Fragility
6. Reflections
7. Parting Words



Introductions

1. Name
2. School
3. Grade(s) - Course(s)
4. Something interesting about you



Facilitators

Alyson Mitchel

Office of Diversity,
Equity and Inclusion

Casey Schurman

Bollman Bridge
Elementary School

Expectations and Timeline

We promise to start on time and end on time.

4:00PM - 5:00PM

February 18
Read Introduction
through Chapter 2

March 4
Read Chapters
3 and 4

March 18
Read Chapters
5 through 7

April 1
Read Chapters
8 through 12

Last Meeting: April 15
Reflections and Action
(no reading required)

Community Building

Round 1: If you could go anywhere in the world, where would you go and why?

Round 2: Flashing Cameras

Agreements for a Brave Space

- Speak your truth
- Honor each person's truth
- Engage with curiosity
- Experience discomfort
- Step up and step back
- Practice listening, do not interrupt
- Bring the gift of your full selves into the space
- Hold each person's story in confidence, but share the learnings
- Self Care (do what you need to do for yourself while in this space)

“Only when
we are brave
enough to
explore the
darkness
will we discover
the infinite
power of our
light.”

Brené Brown

Introducing White Fragility





Reflections

- What resonated with you?
- What feelings did this video bring out?
- What are you still marinating about?

Ending Discussion

What beliefs do you hope to acknowledge, challenge, and confront as a result of reading this text?