

HCPSS Grade 6 Sexual Health Unit Instructional Objectives & Materials

GRADE 6 - SEXUAL HEALTH UNIT	
UNIT OBJECTIVES	
<u>Reproduction & Anatomy</u> <ul style="list-style-type: none"> Identify human reproductive systems including medically accurate terminology for internal and external genitalia and their functions Describe the process of human reproduction to include ovulation, fertilization, and implantation 	
<u>Puberty</u> <ul style="list-style-type: none"> Identify physical and nonphysical changes that occur with puberty 	
<u>Sexuality</u> <ul style="list-style-type: none"> Identify aspects/components of sexuality Describe ways to show courtesy and respect for others based on components of one's sexuality (such as sexual activity, sexual abstinence, sexual orientation, gender expression, and gender identity) 	
<u>Communication</u> <ul style="list-style-type: none"> Apply effective verbal and nonverbal communication skills to enhance health 	

GRADE 6 - SEXUAL HEALTH UNIT	
INSTRUCTIONAL MATERIALS	
Topic	Instructional Materials
Unit Intro & Closure	Sexual Health Unit Introduction
Reproduction & Anatomy	The Female Reproductive System The Male Reproductive System Reproductive System Video - Menstruation: What To Expect
Puberty	Puberty News Hygiene Products for Teens All About Puberty Puberty Changes During Puberty Letter Template
Sexuality	Understanding Sexuality Understanding Sexuality