

HCPSS Grade 8 Sexual Health Unit

Instructional Objectives & Materials

GRADE 8 - SEXUAL HEALTH UNIT
UNIT OBJECTIVES
<p><u>Sexuality</u> Describe components of sexuality. Explain sex assigned at birth and gender identity and explain how they may or may not differ. Define gender identity, transgender, and sexual orientation. Explain a range of identities related to sexual orientation. Describe the impact on the victim of intolerance and/or harassment based on components of one's sexuality.</p> <p><u>Reproduction & Anatomy</u> Summarize human reproductive systems including medically accurate terminology for internal and external genitalia and their functions. Explain menstruation, ovulation, fertilization, and implantation.</p> <p><u>Influences</u> Analyze the influence of family, peers, culture, media, technology and other factors on sexual risk behaviors. Describe the factors (including drug use, coercion, and pressure) that contribute to engaging in sexual risk behaviors. Describe the factors that protect against engaging in sexual risk behaviors. Describe why individuals have the right to refuse sexual contact.</p> <p><u>Sexual Health</u> Recognize laws related to minors' access to sexual healthcare services, including pregnancy and STI/HIV prevention, testing, care, and treatment. Describe the state and federal laws that impact young people's sexual health rights, ability to give and receive sexual consent, and their engagement with sexually explicit media (e.g. age of consent, child pornography, confidentiality, safe haven, sex trafficking). Identify behaviors that support sexual health</p> <p><u>Pregnancy Prevention</u> Describe various methods of contraception and how they are used to prevent pregnancy.</p> <p><u>STI Prevention</u> Summarize signs, symptoms, consequences, and treatment of STIs. Describe strategies sexually active people can use to reduce the risk of HIV and other STIs. Define vaginal, anal, and oral sex. Identify proper steps to using barrier methods correctly.</p> <p><u>Abstinence</u> State a health-enhancing position on a topic and support it with accurate information. Describe the factors that protect against engaging in sexual risk behaviors.</p> <p><u>Communication & Decision Making</u> Explain the importance of setting personal limits to avoid sexual risk behaviors. Demonstrate effective refusal skills to avoid or reduce sexual health risks Apply effective verbal and nonverbal communication skills to enhance health.</p>

GRADE 8 - SEXUAL HEALTH UNIT	
INSTRUCTIONAL MATERIALS	
Topic	Instructional Materials
Influences on Sexual Health	<ul style="list-style-type: none"> • Sexual Health Influences 8 Google Slides, includes Analyzing Influences
Components of Sexuality	<ul style="list-style-type: none"> • Sexual Health Terminology Google Slides. • TeensHealth-Sexual Attraction and Orientation. • Components of Sexuality Student Response Sheet • Sexual Orientation & Gender Identity Google Slides, includes Human Relations Media video, Understanding Gender - see "Program Summary" on Understanding Gender pdf.
Anatomy & Reproduction Review	<ul style="list-style-type: none"> • The Male Reproductive System • The Female Reproductive System • Reproduction Facts • All About Puberty
Taking Care of Sexual Health	<ul style="list-style-type: none"> • Taking Care of Sexual Health Google Slides • Ask the Expert • Accessing Sexual Health Services • Presentation - Taking Care of Sexual Health • TeenHealthMatters.org - Howard County Health Department
Pregnancy Prevention	<ul style="list-style-type: none"> • Kids Health: Birth Control Methods--How Well Do They Work? • Abstinence and Contraception Slides • Contraception: Student Response Questions • Abstinence & Contraception Slides • Contraceptive Choices
STI Prevention	<ul style="list-style-type: none"> • Kidshealth Condoms • Protecting Against STIs 8 Google Slides • Talking About STIs • Negotiating Protection
Abstinence	<ul style="list-style-type: none"> • Kidshealth Abstinence • Abstinence • My Advice About Abstinence
Communication & Decision Making	<ul style="list-style-type: none"> • DECIDE Introduction & Example Google Slides • Sexual Decision Making Scenario • Sexual Communication Google Slides • Refusal Skills
Unit Closure	<ul style="list-style-type: none"> • Sexual Health Unit Closure