

HCPSS Grade 7 Sexual Health Unit Instructional Objectives & Materials

GRADE 7 - SEXUAL HEALTH UNIT

UNIT OBJECTIVES

Sexuality

- Compare sex assigned at birth and gender identity and explain how they may or may not differ.
- Define components of sexuality.
- Identify a range of identities related to sexual orientation.
- Apply effective verbal and nonverbal communication skills to enhance health.
- Identify strategies for respecting individual differences in aspects of sexuality, growth and development, or physical appearance.
- Explain why it is wrong to tease or bully others based on aspects of their sexuality (sexual activity, sexual abstinence, sexual orientation, gender expression, and gender identity).

Reproduction & Anatomy

- Describe human reproductive systems and sexual activity
- Use medically accurate terminology for internal and external genitalia and their functions.
- Describe menstruation, ovulation, fertilization, and implantation.

Consent

- Explain why individuals have the right to refuse sexual contact.
- Discuss what does and does not constitute sexual consent.

STI Prevention

- Identify how the most common Sexually Transmitted Infections (STIs) are transmitted.
- Describe the typical symptoms, consequences, and treatment of HIV and other common STIs. HCPSS

Pregnancy Prevention

- Describe ways to decrease the spread of STIs (including HIV) through abstinence, using condoms consistently and correctly when having sex, and practicing universal precautions.
- Identify ways to prevent pregnancy, including not having sex and effective use of contraceptives, including condoms.

Abstinence

- Determine the benefits of refraining from sexual activity.
- Demonstrate the ability to advocate for abstinence.

Communication & Decision Making

- Apply a decision-making process to situations related to relationships and sexual behaviors.

GRADE 7 - SEXUAL HEALTH UNIT	
INSTRUCTIONAL MATERIALS	
Topic	Instructional Materials
Sexual Identity & Respecting Differences	Sexual Identity & Respecting Differences Sexual Identity & Respecting Differences Sexual Identity & Respecting Differences ; includes Aspects of Sexuality Exit Ticket Being An Ally Sample Scenario Being An Ally Situations Student Activity Sheet
Anatomy & Reproduction	The Female Reproductive System The Male Reproductive System Reproduction Facts Anatomy & Reproduction Extension All About Puberty
Respect & Consent	Let's Talk About Respect Sandwich Consent video Consent - Presentation ; includes Ask Listen Respect - A Video About Consent and Consent Scenarios
Protecting Sexual Health - Preventing STIs	STI Fact Sheet What I Learned About STIs Protecting Sexual Health - Preventing STIs
Protecting Sexual Health -Abstinence & Pregnancy Prevention	Protecting Sexual Health - Abstinence & Pregnancy Prevention Fact Sheet Protecting Sexual Health Questions Protecting Sexual Health - Abstinence & Pregnancy Prevention
Abstinence	Benefits of Abstinence Letter Template
Decision Making	Decision Making Decision Making Activity
Unit Closure	Sexual Health Unit Closure - 7