

HCPSS School Wellness Policy Assessment (2022-2023)

School		Section 1 Total: Elem	Section 1 Total :Score Elem	Section 1 Total: Middle	Section 1 Total :Score Middle	Section 1 Total: High	Section 1 Total :Score High	Section 2 Total	Section 2 Score	Section 3 Total	Section 3 Score	Section 4 Total	Section 4 Score	Total	Total
Atholton	Elementary	13	81.25%	0	0.00%	0	0.00%	13	59.09%	32	88.89%	4	66.67%	62	77.50%
Bellows Spring	Elementary	10	62.50%	0	0.00%	0	0.00%	19	86.36%	34	94.44%	6	100.00%	69	86.25%
Bollman Bridge	Elementary	13	81.25%	0	0.00%	0	0.00%	17	77.27%	34	94.44%	5	83.33%	69	86.25%
Bryant Woods	Elementary	13	81.25%	0	0.00%	0	0.00%	21	95.45%	35	97.22%	6	100.00%	75	93.75%
Bushy Park	Elementary	16	100.00%	0	0.00%	0	0.00%	22	100.00%	34	94.44%	6	100.00%	78	97.50%
Centennial Lane	Elementary	14	87.50%	0	0.00%	0	0.00%	20	90.91%	36	100.00%	5	83.33%	75	93.75%
Clarksville	Elementary	15	93.75%	0	0.00%	0	0.00%	19	86.36%	36	100.00%	3	50.00%	73	91.25%
Clemens Crossing	Elementary	15	93.75%	0	0.00%	0	0.00%	22	100.00%	36	100.00%	6	100.00%	79	98.75%
Clemens Crossing	Elementary	15	93.75%	0	0.00%	0	0.00%	22	100.00%	36	100.00%	6	100.00%	79	98.75%
Cradlerock	Elementary	16	100.00%	0	0.00%	0	0.00%	20	90.91%	33	91.67%	4	66.67%	73	91.25%
Dayton Oaks	Elementary	14	87.50%	0	0.00%	0	0.00%	15	68.18%	34	94.44%	4	66.67%	67	83.75%
Deep Run	Elementary	11	68.75%	0	0.00%	0	0.00%	18	81.82%	34	94.44%	3	50.00%	66	82.50%
Ducketts Lane	Elementary	9	56.25%	0	0.00%	0	0.00%	20	90.91%	35	97.22%	2	33.33%	66	82.50%
Elkridge	Elementary	16	100.00%	0	0.00%	0	0.00%	22	100.00%	36	100.00%	6	100.00%	80	100.00%

School		Section 1 Total: Elem	Section 1 Total :Score Elem	Section 1 Total: Middle	Section 1 Total :Score Middle	Section 1 Total: High	Section 1 Total :Score High	Section 2 Total	Section 2 Score	Section 3 Total	Section 3 Score	Section 4 Total	Section 4 Score	Total	Total
Forest Ridge	Elementary	13	81.25%	0	0.00%	0	0.00%	16	72.73%	32	88.89%	6	100.00%	67	83.75%
Fulton	Elementary	16	100.00%	0	0.00%	0	0.00%	19	86.36%	34	94.44%	6	100.00%	75	93.75%
Gorman Crossing	Elementary	4	25.00%	0	0.00%	0	0.00%	13	59.09%	31	86.11%	0	0.00%	48	60.00%
Guilford	Elementary	13.5	84.38%	0	0.00%	0	0.00%	17	77.27%	34	94.44%	4	66.67%	68.5	85.63%
Hammond	Elementary	15	93.75%	0	0.00%	0	0.00%	20	90.91%	33	91.67%	6	100.00%	74	92.50%
Hanover Hills	Elementary	13	81.25%					18	81.82%	30	83.33%	6	100.00%	67	83.75%
Hollifield Station	Elementary	16	100.00%	0	0.00%	0	0.00%	20	90.91%	34	94.44%	5	83.33%	75	93.75%
Ilchester	Elementary	9	56.25%	0	0.00%	0	0.00%	19	86.36%	36	100.00%	5	83.33%	69	86.25%
Jeffers Hill	Elementary	16	100.00%	0	0.00%	0	0.00%	21	95.45%	36	100.00%	6	100.00%	79	98.75%

School		Section 1 Total: Elem	Section 1 Total :Score Elem	Section 1 Total: Middle	Section 1 Total :Score Middle	Section 1 Total: High	Section 1 Total :Score High	Section 2 Total	Section 2 Score	Section 3 Total	Section 3 Score	Section 4 Total	Section 4 Score	Total	Total
Laurel Woods	Elementary	14	87.50%	0	0.00%	0	0.00%	22	100.00%	36	100.00%	6	100.00%	78	97.50%
Lisbon	Elementary	14	87.50%	0	0.00%	0	0.00%	22	100.00%	36	100.00%	5	83.33%	77	96.25%
Manor Woods	Elementary	9	56.25%	0	0.00%	0	0.00%	15	68.18%	28	77.78%	5	83.33%	57	71.25%
Northfield	Elementary	16	100.00%	0	0.00%	0	0.00%	21	95.45%	35	97.22%	6	100.00%	78	97.50%
Pointers Run	Elementary	13	81.25%	0	0.00%	0	0.00%	20	90.91%	34	94.44%	6	100.00%	73	91.25%
Rockburn	Elementary	14	87.50%	0	0.00%	0	0.00%	21	95.45%	33	91.67%	6	100.00%	74	92.50%
Running Brook	Elementary	16	100.00%	0	0.00%	0	0.00%	20	90.91%	35	97.22%	6	100.00%	77	96.25%
St Johns Lane	Elementary	14	87.50%	0	0.00%	0	0.00%	21	95.45%	35	97.22%	5	83.33%	75	93.75%

School		Section 1 Total: Elem	Section 1 Total :Score Elem	Section 1 Total: Middle	Section 1 Total :Score Middle	Section 1 Total: High	Section 1 Total :Score High	Section 2 Total	Section 2 Score	Section 3 Total	Section 3 Score	Section 4 Total	Section 4 Score	Total	Total
Stevens Forest	Elementary	7	43.75%	0	0.00%	0	0.00%	21	95.45%	35	97.22%	6	100.00%	69	86.25%
Talbott Springs	Elementary	15.25	95.31%	0	0.00%	0	0.00%	19	86.36%	35	97.22%	4	66.67%	73.25	91.56%
Thunder Hill	Elementary	6	37.50%	0	0.00%	0	0.00%	21	95.45%	34	94.44%	4	66.67%	65	81.25%
Triadelphia Ridge	Elementary	13	81.25%	0	0.00%	0	0.00%	20	90.91%	36	100.00%	6	100.00%	75	93.75%
Veterans	Elementary	16	100.00%	0	0.00%	0	0.00%	22	100.00%	36	100.00%	6	100.00%	80	100.00%
Waterloo	Elementary	12	75.00%					20	90.91%	34	94.44%	6	100.00%	72	90.00%
Waverly	Elementary	11	68.75%	0	0.00%	0	0.00%	20	90.91%	36	100.00%	5	83.33%	72	90.00%

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West Friendship	Elementary	9	56.25%	0	0.00%	0	0.00%	18	81.82%	35	97.22%	3	50.00%	65	81.25%
Worthington	Elementary	16	100.00%	0	0.00%	0	0.00%	22	100.00%	36	100.00%	6	100.00%	80	100.00%
Total Elementary		13.352564	83.45%					19.45	88.41%	34.35	95.42%	5.025	83.75%	71.84375	89.80%
Centennial Lane	High	0	0.00%	0	0.00%	13	81.25%	19	86.36%	36	100.00%	4	66.67%	72	90.00%
Glenelg	High	0	0.00%	0	0.00%	11	68.75%	22	100.00%	36	100.00%	5	83.33%	74	92.50%
Marriotts Ridge	High	0	0.00%	0	0.00%	13	81.25%	21	95.45%	36	100.00%	6	100.00%	76	95.00%
Mt. Hebron	High	0	0.00%	0	0.00%	16	100.00%	22	100.00%	35	97.22%	6	100.00%	79	98.75%
Oakland Mills	High	0	0.00%	0	0.00%	12	75.00%	18	81.82%	35	97.22%	5	83.33%	70	87.50%
Reservoir	High	0	0.00%	0	0.00%	12	75.00%	22	100.00%	36	100.00%	6	100.00%	76	95.00%
River Hill	High	0	0.00%	0	0.00%	14	87.50%	16	72.73%	33	91.67%	3	50.00%	66	82.50%
Wilde Lake	High	0	0.00%	0	0.00%	15	93.75%	19	86.36%	35	97.22%	4	66.67%	73	91.25%
Total High						13.25	82.81%	19.875	90.34%	35.25	97.92%	4.875	81.25%	73.25	91.56%

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Burleigh Manor	Middle	0	0.00%	4	25.00%	0	0.00%	22	100.00%	34	94.44%	6	100.00%	66	82.50%
Clarksville	Middle	0	0.00%	11	68.75%	0	0.00%	16	72.73%	31	86.11%	4	66.67%	62	77.50%
Dunloggin	Middle	0	0.00%	13	81.25%	0	0.00%	19	86.36%	32	88.89%	3	50.00%	67	83.75%
Elkridge Landing	Middle	0	0.00%	16	100.00%	0	0.00%	22	100.00%	35	97.22%	6	100.00%	79	98.75%
Ellicott Mills	Middle	0	0.00%	13	81.25%	0	0.00%	20	90.91%	34	94.44%	6	100.00%	73	91.25%
Folly Quarter	Middle	0	0.00%	15	93.75%	0	0.00%	20	90.91%	30	83.33%	4	66.67%	69	86.25%
Glenwood	Middle	0	0.00%	10	62.50%	0	0.00%	13	59.09%	35	97.22%	4	66.67%	62	77.50%

School		Section 1 Total: Elem	Section 1 Total :Score Elem	Section 1 Total: Middle	Section 1 Total :Score Middle	Section 1 Total: High	Section 1 Total :Score High	Section 2 Total	Section 2 Score	Section 3 Total	Section 3 Score	Section 4 Total	Section 4 Score	Total	Total
Hammond	Middle	0	0.00%	13	81.25%	0	0.00%	21	95.45%	34	94.44%	4	66.67%	72	90.00%
Lake Elkhorn	Middle	0	0.00%	13	81.25%	0	0.00%	16	72.73%	33	91.67%	5	83.33%	67	83.75%
Lime Kiln	Middle	0	0.00%	9	56.25%	0	0.00%	18	81.82%	31	86.11%	5	83.33%	63	78.75%

School		Section 1 Total: Elem	Section 1 Total :Score Elem	Section 1 Total: Middle	Section 1 Total :Score Middle	Section 1 Total: High	Section 1 Total :Score High	Section 2 Total	Section 2 Score	Section 3 Total	Section 3 Score	Section 4 Total	Section 4 Score	Total	Total
Mount View	Middle	0	0.00%	13	81.25%	0	0.00%	21	95.45%	35	97.22%	6	100.00%	75	93.75%
Murray Hill	Middle	0	0.00%	16	100.00%	0	0.00%	20	90.91%	32	88.89%	6	100.00%	74	92.50%
Oakland Mills	Middle	0	0.00%	14	87.50%	0	0.00%	20	90.91%	36	100.00%	6	100.00%	76	95.00%

School		Section 1 Total: Elem	Section 1 Total :Score Elem	Section 1 Total: Middle	Section 1 Total :Score Middle	Section 1 Total: High	Section 1 Total :Score High	Section 2 Total	Section 2 Score	Section 3 Total	Section 3 Score	Section 4 Total	Section 4 Score	Total	Total
Patapsco	Middle	0	0.00%	16	100.00%	0	0.00%	19	86.36%	34	94.44%	6	100.00%	75	93.75%
Patuxent Valley	Middle	0	0.00%	12	75.00%	0	0.00%	16	72.73%	30	83.33%	2	33.33%	60	75.00%
Thomas Viaduct	Middle	0	0.00%	12	75.00%	0	0.00%	19	86.36%	30	83.33%	5	83.33%	66	82.50%
Wilde Lake	Middle	0	0.00%	12	75.00%	0	0.00%	20	90.91%	34	94.44%	4	66.67%	70	87.50%
Total Middle		0		12.4705882	77.94%	0	0	18.941176	86.10%	32.941176	91.50%	4.8235294	80.39%	69.17647	86.47%
65 Schools														4780.844	91.94%

HCPSS School Wellness

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Atholton	Elementary	Field Day, PTA AES Fun Run,	We are open to parents sponsoring any new events in the school year that would foster wellness activities. We also would encourage parents to come to our PTA meetings or Principal Coffee Chats to share various ideas of wellness activities.	Not at this time
Bellows Spring	Elementary	Walking School Bus, Bike Rodeo, Wellness Wed., Fitness Friday, Staff nutrition bulletin board in the lounge. Staff afterschool work out sessions	read the newsletters, attend the events,	No
Bollman Bridge	Elementary	The following events were held for the 22-23 school year. (Winter Challenge, Walk/Bike to School Day, Wellness Wednesdays, Fitness-A-Thon, Football Combine, Family Board Game Night, Eye Glasses Week,	Wellness Activities are shared via newsletters and PTA. Information is also listed on Wednesday encouraging parents to join school wide activities. Parents are always encouraged to participate in all school activities.	Not at this time, but I may contact you in the fall.
Bryant Woods	Elementary	Wellness Wednesdays for staff and students; Family FIT night for community, Turkey Trot in PE, Girls on the Run offered	attend events	I'd love for someone to facilitate a nutrition night for families.
Bushy Park	Elementary	Field Day - over 200 parent/community volunteers; student input guides some of our activities	Continued support with field day PTA support of after school clubs	none
Centennial Lane	Elementary	Hoops/Jumprope for Heart Field Day Dolphin Dash	Parents are always invited to participate	Not at this time, but open to ideas
Clarksville	Elementary	Fun Run and 5K, Family involvement night, Family kickball with Unmatched Athlete	PTA, Recess Volunteers, Field Day	na
Clemens Crossing	Elementary			
Clemens Crossing	Elementary			
Cradlerock	Elementary	Turkey Trot (Nov); Title I night events serve carrots and fresh vegetables	Volunteer and participate in school events.	Not at this time
Dayton Oaks	Elementary	Student walking club (run by PTA and volunteers) Family Fitness Night for school community Staff fitness challenges FunRun (school fund raiser) Afterschool sporting activities	Volunteer for walking club Participate in wellness night Sign children up for after school sporting activities. Sponsorship from community partners	Free Fruit/Salad bar for teachers (ex: small fruit baskets in the staff lounge.)
Deep Run	Elementary	Monthly Staff activities that encourage staff to participate in physical, mental, and social wellness.	They can sign their children up for after school programs that encourage physical education.	NO
Ducketts Lane	Elementary	Staff have walk and talk Thursdays, we have movement breaks throughout the student day, we have a boys and girls running club, we have no vending machines, we have only 2 parties where a snack is offered, school wide fun run, massages were offered to staff	we invite parents to run with students during school-wide run day and share other activities that are taking place at school and around town through weekly newsletter	no
Elkridge	Elementary	Big Steppers Program, Girls on the Run, Nutrition Lesson Plans, Nutrition/Wellness Activities	Parents can volunteer for activities such as Girls on the Run, Field Day, Elkster 5K, Family/Staff Big Stepper Program.	Healthy food access for families, especially those in FARMS programs.

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Forest Ridge	Elementary	Wellness Night Golf club Girls on the Run Cheerleading Back to School Picnic Field Day	Joining our PTA	None
Fulton	Elementary	- Wellness Wednesday with wellness tip -Virtual cooking clas - Walk to School -Bike to School, with an additional bike rack -Falcon Trot - Field Day	Volunteer, Join PTA	N/A
Gorman Crossing	Elementary	5k, Turkey Trot	They can assist with planning and implementation	Change the snack options to healthy snacks and put a limit on the number kids can buy
Guilford	Elementary	Outside- Girls on the Run; Fall Fest, Field Day, Turkey Trot; Fall Fun Run; Field Day	Sign-Up Genius; Sign up to volunteer Newsletters Canvas Updates	How to offer a lunch schedule in advance for families. It would support the time in which students have the opportunity to eat when its a popular item. Most times items would run out
Hammond	Elementary	Prior to Covid we had a fitness night. Parents are given information about school nutrition through newsletters.	PTA can sponsor wellness activities at our school after school hours.	Implementing more school events that can be related to the school wellness program.
Hanover Hills	Elementary	PE, school dances, Boys/Girls night out, etc.	Volunteer opportunities	effective ways to help reduce and eliminate lunch debts.
Hollifield Station	Elementary	Curriculum for Health and Wellness followed, Girls on the Run, Field Day, Walking Wednesday, Walking School Bus, Afterschool Yoga class for staff	Walking Wednesday, Field Day, Girls on the Run	no
Ilchester	Elementary	Step challenges, after school fitness classes for staff, field day, girls on the run	Parents can volunteer to support student activities	Not at this time.
Jeffers Hill	Elementary	Jump Rope for Heart Wellness Wednesday or Staff Movement and Brain Breaks in the classroom Sensory Room Exercise cards around the building for students to use Field Day Health and Wellness Event sponsored by community partner in June Outdoor lunch Harlem Wizards game sponsored by PTA Turkey Trot Snacks/Supper provided to after school programs	Increased involvement from PTA, more health and wellness events, more volunteers to participate during lunch shifts, Field Day, Turkey Trot	Not at this time

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Laurel Woods	Elementary	We have monthly family meetings where we discuss activities related to student well-being. We also have incorporated movement breaks during the academic day. We have Girls on the Run and Boys and Girls Club to help support after school activities. We had a Wellness nights for families that addressed mind, body and soul. We had Field Day where we had over a hundred parent volunteers. Classrooms are able to earn extra recess for positive behavior. Our pep rallies involvement for students. We have several activities for staff to support well-being of staff.	We have many opportunities for families to get involved. We are finding ways to expand these opportunities.	None at this time.
Lisbon	Elementary	Jump Rope for Heart, Wizards vs Lisbon Basketball game, Field Day, Walking Wednesday's	Parents are extremely involved with all the programs listed above. They volunteer to ensure the programs occur and they participate when appropriate.	Not at this time
Manor Woods	Elementary	Turkey Trot, PTA Fun Run, PTA Snow Dash, Field Day, Dance Party	Volunteer for events	No
Northfield	Elementary	Family Fitness Night Wellness Staff Committee Fitness Fridays once a month to promote physical activity. Healthy Little Cooks after school offerings. Partnership with Okinawa Karate Dojo - They come in multiple times per year to provide fitness demonstrations. Fitness hearts placed throughout the school to give kids ideas for quick fitness breaks Brain Breaks in classrooms that involve physical activity. Fruity Fridays to encourage students to eat around the rainbow. Bike to school day promotes at the school level with an afterschool celebration. Field Day	We coordinate with our PTA as they have a wellness chair and committee. Most of the activities listed above have a huge volunteer component.	No
Pointers Run	Elementary	Wellness Night - Back to School Night - Newsletter Communication - Kindergarten Parent Orientation - PTA Fun Run - Field Day	Attend events, read the newsletter, communicate with administration - send healthy food to school with their children - encourage physical activity - volunteer on field day	Wellness Night 23/24
Rockburn	Elementary	Rocky Run (school-wide race), Field Day, Jump Rope for Heart, Girls on the Recess, Daily Recess Offering, After school yoga, Balannced Beginnings to start students day (well-being), seminars for staff on meal planning, chair yoga, stress relief	We inform them of all events and request volunteers	Healthier snacks available for purchase in the cafeteria
Running Brook	Elementary	PE, recess, walk-to-school Wednesdays, Field day, Turkey Trot	Through sign-ups offered throughout the year	no thank you
St Johns Lane	Elementary	The wellness committee had a massage day. We did a school wide water and step challenge, and we provided prizes. We sent out newsletters and uplifted the supports that the school system provides. The committee also tried to schedule an 8-week yoga program, but got no reply from the wellness people at the county level. Just a FYI	Our families were very involved with our school and PTA offerings this school year.	Not at this time.

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Stevens Forest	Elementary	90 minutes for Physical Education every week, Wellness Wednesdays, Walking Wednesdays, Self-Care Challenges Calendar, End of Quarter Celebrations with dance parties/extra recess/etc., Class Dojo Rewards for individual students/classes or entire grade level, Brain Breaks/GoNoodle in the classroom, Free play with plastic food items, MyPlate lessons, Girls on the Run afterschool program (Fall & Spring), Girls on the Run 5k (Fall & Spring), Bridges Program included PE teacher and Yoga Instructor, Turkey Trot for students & families to join, Healthy Staff Lounge food and drink options, Valentines Day Dance, Kick-ball game, Harlem Wizards Basketball game, Hallway exercise Stations, Field Day, Mindfulness activities, Social Emotional Learning (SEL) lessons and activities, Certified Physical Therapist, Community Business Partners, Bike Giveaway Program, Safety Patrol Food Drive, Title 1 Events Afterschool including physical activities and encouraged family involvement, Health Room Staff Newsletters to the community with Health & Wellness Information, Free Community Health Fair, Professional Healthcare services available to students at school (Dental Clinic, Flu Vaccine Clinic), Community Wide Food Pantry, SFES Family Involvement Team	Volunteer opportunities are available for during and afterschool events, Feedback surveys to help plan for new and improved events, local business partners for programs for students/restaurants/camps/afterschool groups, Supporting the PTA by joining/volunteering for/attending events hosted	We would like to implement a Fruity Friday or Veggie Wednesday program that would encourage to eat a previously specified color fruit or veggie. Many of our students eat school lunches. Therefore we would love support in providing our school lunches with a variety of fruits/veggies in a different colors. Specifically the colors of the rainbow (Red, Orange, Yellow, Green, Blue, Purple). Thanks for considering this program!
Talbot Springs	Elementary	Trot for Talbot; Reset and Connect; Girls on the Run; Get on the Bus; Community garden planting	Join activities and encourage children to do the same. In addition, less time on technology at home and more time outside. Monitor newsletter, attend PTA meetings to offer ideas, respond to parent surveys	NA
Thunder Hill	Elementary	Some of the events related to the school wellness policy implementation included encouraging and modeling physical activity in and outside of school hours, distribute nutrition and information for meal accessibility, have and follow a food safety plan, incorporate resources given for nutrition (articles etc). ensure physical activity is not given as punishment, physical education classes are held throughout the school year. We held an after school yoga program for our staff during the winter months, wellness newsletters were distributed on a monthly basis.	Our school focused on community relations this year and hosted a number of events related to healthy physical activity, like turkey trot, fun run, etc.	Look into placing a certified health teacher into the elementary schools to teach health topics
Triadelphia Ridge	Elementary	Staff wellness challenges each month; partner with PTA for annual family 5K walk/run; walking Wednesday at recess for students; no food permitted at celebrations during the school day; movement breaks incorporated into every class; full day field day	Volunteer for Walking Wednesday, field day, and the 5K.	No
Veterans	Elementary	Wellness Wednesday...wear athletic wear, Dojo Okinawan Karate do sessions during recess and before school for students and staff.	Participation activity included in newsletters.	Not at this time
Waterloo	Elementary	Healthy Heart, Jump Rope for Heart, Turkey Trot with Giant sponsorship for FRuits, Field Day, Bike Unit, Recess Protection, Dancing, Structured movement breaks	Volunteering at targeted events, newsletter updates, PTA involvement	NA
Waverly	Elementary	waverly fun run and field day; staff yoga and stretching	volunteering	no

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
West Friendship	Elementary	Mindfulness training for staff Wellness informative seminars on Wellness Wednesday for staff Chair Massages for staff Yoga classes for staff Fitness assessments and personal health goals for students Field Day Bowling unit	Volunteer for field day, volunteer for Fitness Friday, afterschool activities such as "Girls on the Run", PTA events	Options for ethnicity/diverse food choices for students
Worthington	Elementary	Events at our school related to the wellness policy include but are not limited to the following: Staff and students Wellness Wednesdays (weekly), National Walk to School Day, National Bike to School Day, Annual Turkey Trot, Annual Family Wellness Night, annual Field Day, PBIS Stop Everything and Move, Stretch, Dance breaks (throughout the school year), after school activities sponsored by the Worthington PTA and/or Rec and Parks including (Girls on the Run, golf, baseball, basketball, soccer).	Parents and the school community get involved by volunteering and participating in the any events hosted at the school. Working with the PTA, parents also help plan and facilitate events.	Not at the time
Total Elementary				
Centennial Lane	High			
Glenelg	High	Organized walks, and activity nights & After school programs (yoga etc.) Theme nights athletic celebrations. Healthy options at events with food (after school hours)	Events are advertised all families are welcome to attend	No
Marriotts Ridge	High	Walking Wednesday (after school), various mindfulness activities	Our committee is designed for school staff. Parents have been invited to anti-drug events and also plan, promote and supervise after-prom party to provide a safe, chemical-free space for students	no
Mt. Hebron	High	Yoga, mindfulness week, strength training, workouts, aerobics	we advertise and have a committee with parents and students to help spread information	creating healthier options for our students
Oakland Mills	High	Our school offered a variety of events for students and staff to attend. The active minds club offered presentations about mental health for the community. Welcome hOMe initiative (social & emotional) offered five different events for people to participate.	They have the opportunity to attend athletic competitions, Welcome hOMe, and presentations.	It would be great to have some ideas or one main initiative to jump on board with and focus on for the year.
Reservoir	High	Principal created a wellness team to provide events for students and staff. Committee worked together to provide ample opportunities for wellness engagement. School TDL planned monthly events for staff to participate in including monthly salad bar co-ops and more. The Social and Emotional committee provided monthly tips and tricks to both staff and students to develop stronger social/emotional skills and also offered yoga classes.	- We talk about wellness work at BTSN and other family events - Wellness topics are promoted through weekly newsletter	Please see above!
River Hill	High	Outdoor improvements, encouragement/permission to hold classes outside when appropriate, additional bike racks provided	Through Boosters or PTSA	No
Wilde Lake	High	daily opportunities for athletic activity during lunch available in the gymnasium; snack is available through the Beyond the School Hours program	all events are advertised through our twice-weekly school messenger message	not at this time
Total High				

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Burleigh Manor	Middle	<p>The Social Committee, grade level teams, and the incredible administration and staff play an instrumental role in our school's wellness policy implementation. In October - November 2022, staff participated in a BMMS Walktober 72-Mile Challenge for The Leukemia & Lymphoma Society. The annual Light the Night Community Walk was held on Nov. 18, 2022. Both of these events were held in support of our BMMS [REDACTED] who was diagnosed with cancer a few years back.</p> <p>Next, the school held a fall fling, spring fling, and field day, which all promoted physical activity. All three events included a range of activities that met the diverse needs, interests, and abilities of all students. In addition, parents and the community were invited to volunteer and/or participate. Additionally, free and healthy snacks were donated by the wonderful school/community.</p>	Parents/community can volunteer and/or participate in the countless school-sponsored events held at Burleigh Manor Middle School. There were just too many examples and events to write about in the previous question. These events are heavily promoted and yearly traditions.	N/A
Clarksville	Middle	Hoops for Heart, World Showcase (cricket), Community picnic (lawn games), 8th gr dance (lawn games)	Through fundraising (Hoops for Heart); school/PTA events	We have gotten student feedback about lunch quality; is there anything that can be addressed in this area? Thank you!
Dunloggin	Middle	August - wellness walk through the wetlands after school, October - staff bike ride through the community, All year - "Work out Wednesdays" participation by majority of the staff, All year - staff raffle tickets given to boost morale (for participation in spirit days, etc), December, March, June - staff raffles, May - restarting participation in Manor Hill Tavern Run Group on Tuesdays, Once a month - staff social/happy hours in various locations.	PTA has had many days of treats for staff (whether in mailboxes, the staff lounge freezer, or for staff/teacher appreciation weeks), including the upcoming "Camp DMS" week of treats Our front office set up chair massages with a local chiropractor's office in the fall	Access to a list of local wellness events, activities, etc. (i.e. restaurant week, staff discounts, etc.) Healthy recipes for staff, ideas for healthy snacks/self-care tips
Elkridge Landing	Middle	The wellness policy is fully implemented at Elkridge Landind Middle School.	By volunteering and being involved in our school's PTA.	Not at this time. Thanks
Ellicott Mills	Middle	Health and PE teacher implement SLO that follow the FITT principles that promote health and wellness.	Girls on the Run, Coaching Sports, Field Day	NO
Folly Quarter	Middle	A collective list of events was scheduled for staff, students and community this school year. For example: yoga, salad club, laser tag, dance, multicultural evening - to name a few	Join PTSA - they work collaboratively with us at the school	not at this time
Glenwood	Middle	The school sponsored Midnight Madness, a basketball tournament for students. Yoga was offered to staff members for two sessions. Seated Massages were provided to staff on two different occasions. Staff gathered weekly to learn and play Pickleball weekly from January - May.	PTA did a Turkey Trot and a Color Run.	Not at this time.

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Hammond	Middle	We have wellness Wednesdays each week. Staff are provided a list of activities to promote physical health and emotional health. Turkey Trot Yoga Volleyball Mindful March	We will have to be more intentional on inviting parents/communities to activities.	no
Lake Elkhorn	Middle	Our school has a variety of events and activities related to wellness. This includes a volleyball program for students, a volleyball program for adults, a basketball program for students, the Girls on the Run Program, annual Turkey Trot with parent volunteers, annual Field Day events at the end of the year for grades 6 and 7 with parent volunteers, quarterly incentive days that include a variety of physical activities with parent volunteers, etc. We have purchased school equipment to meet the interests of our students, including two new soccer goals for students to use during recess. We also regularly advertise the meals program to our community at school events, and provide free breakfast for 100% of our students.	We love to have parent volunteers at our wellness related school activities. Parents are welcome to attend as chaperones and participate in all events (field days, incentive days). We also request that parent volunteers bring healthy snacks for students when we hold events, including plenty of bottled water.	Not at this time, but we will reach out as we continue our work in this area. Thank you!
Lime Kiln	Middle	We have hosted 3 staff wellbeing activities this year	Volunteer to assist with PTA sponsored activities	No; please make this survey shorter. It is too long.

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Mount View	Middle	<p>Aug Wed, 24 Pot Luck Lunch October Fri 28 8th Grade Breakfast November Fri, 11 Nov Soup's On! December Dec 5 Mon-21 Wed M-F x2 M-W x1 HoliBuddy – secret gift exchange</p> <p>16 Fri Ugly Sweater Day 19 Mon Holiday Cookie Exchange 21 Wed HoliBuddy Breakfast and final exchange 22 Thurs Admin Team/Support Staff Holiday Hoopla!! 23 Fri Comfy Cozy Day January 27 Fri Related Arts Breakfast February 10, Fri Super Bowl Wknd Chili Cook-off 1March 7 Fri St. Paddy's Breakfast – Sp Ed April 3-10 Spring brk No events - (Maybe 6th gr breakfast) May *05 Fri NOT 19 Fri, arctic 7th Grade Breakfast June *02 Fri June (May choose an April date) 6th Grade Breakfast Principal's EOY Luncheon Celebration - 2 hr early dismiss</p> <p>*Last Day/Last Friday? 09 Jun ??(half day students) EoY Party @ 3:30pm Events/Activities: End of Q1 email to Staff with Wellness Podcast recommendations and links Massages for Staff on first Conference day in November Wellness Snack Cart delivery in January (supported by PTA) NEST lesson trio and Activity Day in April</p>	PTA Sponsored events and volunteering for various grade level events.	NA
Murray Hill	Middle	We had 3 Family Involvement Night this school year. The first was information and was intended for parent/guardians. The second was a hybrid of information and fun activities, intended for families. The third was all fun activities. Additionally, we had intramurals and after-school programs that promoted health and wellness- step team, RISE (in collaboration with Howard County Parks and Recs). We also facilitated a staff kick-ball game.	We encourage families to read email correspondence that is shared about upcoming programs and events.	No
Oakland Mills	Middle	Students have direct lessons vis Student service learning	We are trying to figure this our	not at this time

School		Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?
Patapsco	Middle	Along with our health curriculum, our Family Engagemnet Committee hosted a Family Wellness Night to include information and resources about Mental Health, Nutrition, Safety, and Physical Activity. We partnered with several community organizations and businesses.	Through the PTA, parents and the community can help with initiatives like the one described above.	N/A
Patuxent Valley	Middle	Too many to list. Will send a follow up.	Need more workshops that combine messaging efforts.	Need more ideas and workshop time to develop more strategies and implementation for the community.
Thomas Viaduct	Middle	Students are in PE, Health, Dance, and/or FACS classes throughout the year. The staff planned and implemented a fun run (Turkey Trot) and Multicultural Night. As part of Beyond the Wolf Den, clubs included Basketball, Yoga, Soccer, Volleyball. Students could choose clubs for Club Days that met approximately once a month and included Girls Sports, Flag Football, Basketball, Yoga, Beautiful Minds, Cooking, Dance. The Theater program put on a play. TVMS will do a field day at the end of the year. Staff held their own events as well, such as breakfasts, "hoops and scoops" and kickball.	Parents can volunteer to assist with the various activities during the school day or after school hours.	improve bagged lunches for field trips
Wilde Lake	Middle	Touched upon at our annual block party. PTSA held a winter family wellness night.	Work with PTSA.	No
Total Middle				
65 Schools				