

HCPS School Wellness Policy Assessment 2023-2024 - (Selected Schools)

		Section 1											
		1	2	3	4	5	6	7	8	Comments	Section 1 Health and Nutrition Education: Comments/Total	Section 1 Score (%)	
Level (Elem, Middle, High)	Elementary School	Age-appropriate instruction is provided to students that teaches lifelong healthy eating habits and healthy level of physical activity.	Nutrition education is part of a systematic and structured unit of instruction.	Nutrition education is included and taught as on of the five content areas in the curricular program.	Health education is taught by a qualified and certified health education teacher.	Teachers have adequate materials and resources to provide current nutrition education in the classroom.	Nutrition education opportunities are offered to parents and families.	Healthy eating, physical activity and the school meal program are actively promoted to students, parents, school staff, and the community at school registrations, parent-teacher meetings, open houses, in-services, etc.	Parents have the opportunity to participate in wellness-related activities in the school.				
Elementary	Triadelphia Ridge	2	2	2	2	2	0	1	0		11	68.75%	
Elementary	West Friendship	1	1	1	1	1	1	2	2		10	62.50%	
Elementary	Manor Woods	2	2	2	2	2	1	2	2		15	93.75%	

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		Section 2													
		1	2	3	4	5	6	7	8	9	10	11	Section 2 Physical Education and Physical Activity: Comments	Section 2 Total	Section 2 Score (%)
Level (Elem, Middle, High)	Elementary School	School offers a range of activities that meet the needs, interests, and abilities of all students, including boys, girls, students with disabilities, and students with special healthcare needs.	Physical activity is available in after-school programs, such as intramurals, interscholastic athletics, and physical activity clubs.	Students are not withheld from physical education, recess, or other physical activities as a consequence of poor behavior or punishment for any reason.	Students are not required to engage in physical activity as a behavioral consequence	Teachers incorporate physical activity into other subject areas (i.e. reading, math, science, social studies).	The school has adequate physical activity equipment for PE, recess, etc.	Staff promotes healthy lifestyles including healthy eating and physical activity through positive role modeling.	Physical education is taught by a qualified and certified physical education teacher.	To the extent possible, needed improvements have been made to make it safer and easier for students to walk and bike to school.	Recess is adequately and appropriately staffed and supervised.	Parents are provided with information about physical education, school-based physical activity or wellness opportunities that take place at school.			
Elementary	Triadelphia Ridge	2	1	2	2	2	2	2	2	0	2	1		18	81.82%
Elementary	West Friendship	2	1	2	2	1	1	2	2	0	2	1		16	72.73%
Elementary	Manor Woods	2	1	2	2	2	2	1	2	0	2	2	Based on our location, walking and biking to school is not a safe option.	18	81.82%

HCPSS School Wellne

		Section 3										
		1	2	3	4	5	6	7	8	9	10	11
Level (Elem, Middle, High)	Elementary School	School encourages participation in the school breakfast and school lunch program as available.	Morning bus routes are scheduled to allow students to arrive in time for breakfast.	Applications for free/reduced priced meals are sent home to families at the beginning of the school year	School ensure that students qualifying for free or reduced priced meals are not overtly identified in any way.	Lunch is scheduled between 10:00 a.m. and 2:00 p.m.	Students are given at least 10 minutes to eat after sitting down for breakfast and 20 minutes after sitting down for lunch.	The cafeteria has appropriate supervision and rules for safe behavior are consistently enforced.	Free drinking water is available in the cafeteria and throughout the day.	Students have access to hand washing or hand sanitizing before and/or after they eat meals or snacks.	No foods or beverages are sold or given without charge to any students in a school from 12:01 a.m. until after the end of the last lunch period except through the HCPSS School Food and Nutrition Service.	All foods sold to students during the school day, and during the extended school day (30 minutes after the last bell) are compliant with USDA Smart Snacks federal nutrition standards and IOM Nutrition Standards.
Elementary	Triadelphia Ridge	2	1	2	2	2	1	2	2	2	2	2
Elementary	West Friendship	2	2	2	2	2	2	2	2	2	2	2
Elementary	Manor Woods	2	2	2	2	2	2	2	1	2	2	0

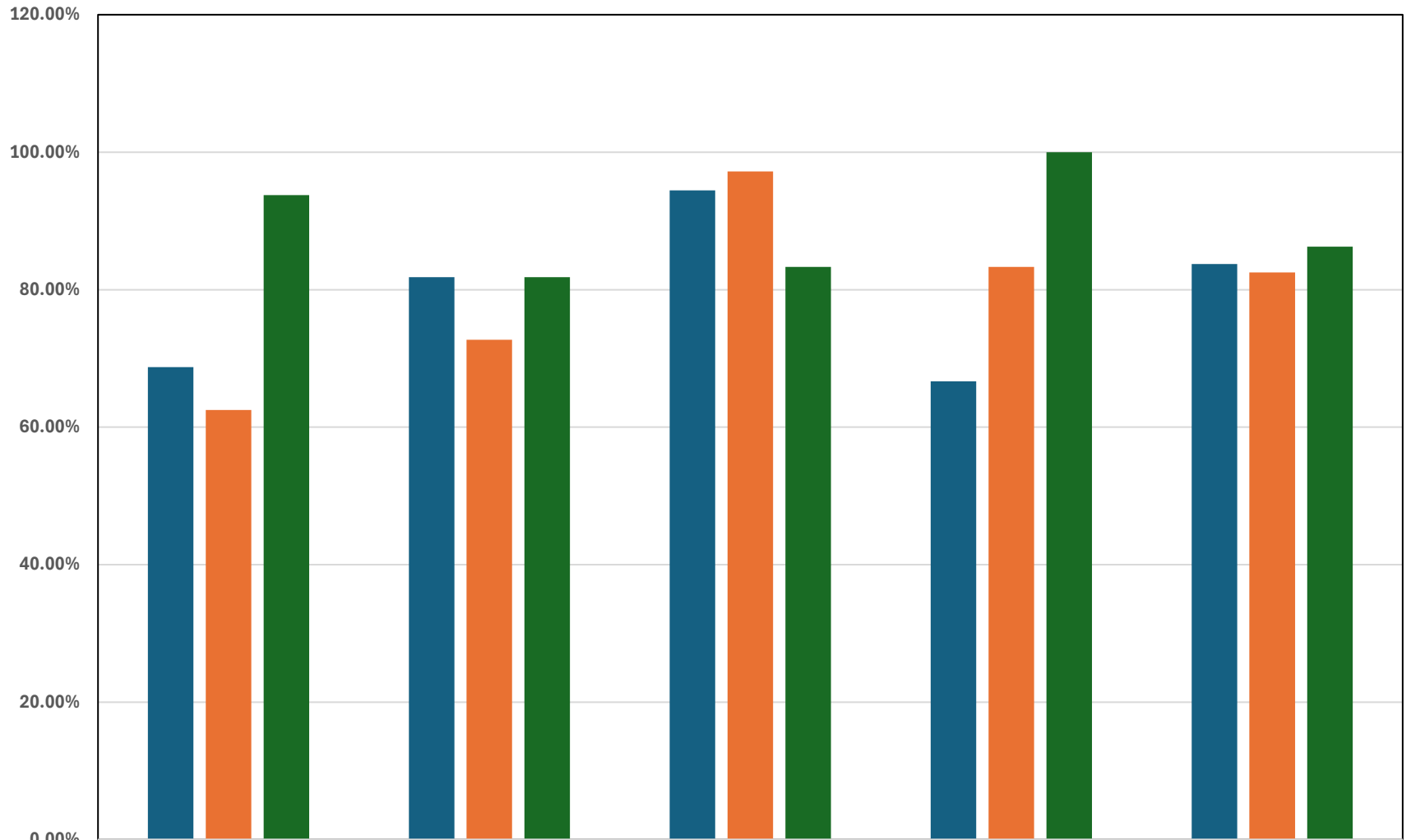
HCPSS School Wellne

		12	13	14	15	16	17	18			
Level (Elem, Middle, High)	Elementary School	Food or beverages, are not used as rewards for academic performance or good behavior.	Food or beverages are not withheld as a punishment.	No more than twelve special celebrations that do not meet Smart Snacks or IOM are allowed each year and those exemptions are tracked.	All foods and beverages sold in school vending machines that are accessible to students follow the IOM Nutrition Standards.	Unauthorized advertising/marketing of food and beverages is not allowed.	Classroom activities that involve cooking are not permitted.	School website has a link to Food and Nutrition Service to ensure parents have access to nutritional content of food and beverage sold through the school meal programs.	Section 3: Nutrition Services: Foods and Beverages : Comments	Section 3 Total	Section 3 Score (%)
Elementary	Triadelphia Ridge	2	2	2	2	2	2	2		34	94.44%
Elementary	West Friendship	2	2	2	1	2	2	2		35	97.22%
Elementary	Manor Woods	1	2	2	0	2	2	2	Cafeteria drinking water is provided through a water cooler. It would be very beneficial if the county could install a water fountain. We do not sell any food to our students and they do not have access to vending machines. Some students receive food for behavior through their IEP.	30	83.33%

HCPS School Wellne

		Section 4						Overall Total	Overall Score (%)			
Level (Elem, Middle, High)	Elementary School	1	2	3	Section 4 Employee Health & Wellness and Family/Community Collaboration: Comments	Section 4 Total	Section 4 Score (%)	Please provide a summary of events related to the school wellness policy implementation.	How can parents/community get involved with the wellness activities happening at your school?	Are there any projects/initiatives that you would like the Food and Nutrition Service Department to assist you with?		
Elementary	Triadelphia Ridge	2	1	1		4	66.67%	No additional information to add	No additional information to add	No	67	83.75%
Elementary	West Friendship	2	1	2		5	83.33%	Nutrition kickstart, Fitness Friday Yoga, Chair massage for staff	Field day, taiger talk newsletter, PTA meetings, inviting parents, volunteering	no	66	82.50%
Elementary	Manor Woods	2	2	2		6	100.00%	Weekly Staff Yoga, Staff Chair Massage, PTA Dances, Duck Dash, Field Day, Multicultural Nights	Volunteer for school activities, join PTA activities	Not at this time	69	86.25%

HCPSS School Wellness Policy Assessment 2023-2024 Summary - (Selected Schools)



	Section 1 - Health and Nutrition Education	Section 2 - Physical Education and Physical Activity	Section 3 - Nutrition Services; Foods and Beverages	Section 4 - Employee Health & Wellness and Family/Community Collaboration	Overall Assessment
■ Triadelphia Ridge ES	68.75%	81.82%	94.44%	66.67%	83.75%
■ West Friendship ES	62.50%	72.73%	97.22%	83.33%	82.50%
■ Manor Woods ES	93.75%	81.82%	83.33%	100.00%	86.25%

■ Triadelphia Ridge ES
 ■ West Friendship ES
 ■ Manor Woods ES